



CARLISLE RIVER PRIMARY SCHOOL

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NEWSLETTER

Monday 11th July 2016

Dear Parents,

Welcome to Term 3

Parent/Teacher interviews are available to those parents that wish to speak with their child's class teacher. Please speak to your child's teacher for an appointment.

School Council meeting will be held on Monday 25th July starting at 7.30pm

Breakfast Program is continuing in Term 3 – Menu is: VitaBrits, Porridge, Baked beans and fruit salad...

Book Club Orders due Friday 29th July.

Eating tips for primary school children

Snacks are an important part of a healthy diet for active children, so offer nutritious as well as high energy snacks.

Let children help with food preparation and meal planning.

It is important to encourage breakfast, because a good night's sleep followed by food in the morning helps your child stay active and concentrate at school.

Limit screen time and aim for some physical activity every day.

Have a great week
Mr Jeff Douma



School Diary

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>		
<i>11th</i> <i>First Day Term 3</i> <i>Assembly at 9.15am</i>	<i>12th</i>	<i>13th</i>	<i>14th</i> LIBRARY VAN	<i>15th</i>		
<i>18th</i>	<i>19th</i>	<i>20th</i>	<i>21st</i> ART VAN	<i>22nd</i>		
<i>25th</i> <i>School Council 7.30pm</i>	<i>26th</i>	<i>27th</i>	<i>28th</i>	<i>29th</i>		

Please note that school diary is updated weekly